



KAYLA COWAN

CV

Kayla Cowan is a multifaceted artist and aspiring tattooist whose work embodies a dynamic blend of realism and abstraction. Born and raised in Jamaica and now residing in Canada, Kayla's artistic journey reflects her personal evolution and cultural influences. Her art, deeply rooted in emotion and change, utilizes layers, bright colours, and mixed media to explore the profound theme of transformation—both within and beyond the canvas.

With a strong foundation in painting and a daring foray into tattooing, Kayla's work is a testament to her commitment to pushing boundaries and exploring new territories. After pursuing a conventional career path, Kayla made a pivotal decision to dedicate herself fully to her art, a brave leap that marked a significant turn in her professional life. This transition not only represents her dedication to her craft but also her desire to make a lasting impact through her unique artistic language. Kayla's process is characterized by continuous experimentation, where initial sketches evolve dramatically as they come to life. This approach reflects her broader perspective on design and art as a transformative process— a means to communicate, connect, and challenge. Whether through the intricate strokes of a brush on canvas or the precise lines of a tattoo needle, her work strives to evoke strong emotional responses and provoke thoughtful introspection.

As she navigates the challenges of building a career in the competitive world of art and tattooing, Kayla remains committed to her development and to impacting the world positively with her art. Her dedication is also evident in her educational pursuits and her proactive approach to personal and professional growth. Through her art, Kayla Cowan continues to tell stories of change, resilience, and beauty, inviting viewers and clients alike to be part of her compelling artistic voyage.

Education

- 2025 BFA (pending), York University, North york, ON (expected to end May 2025)
- 2018 BFA (incomplete), Edna Manley College of the Visual and Performing Arts, Kingston, Jamaica

Professional Experience

- 2024 - Date Law office of Ugo Ojukwu, North york, ON, Assistant
(Client Relations, Disclosures, Affidavits, Filing and Organization)
- 2020 - 2024 Origo Communications, North york, ON, Assistant Production



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Coordinator

(Client Relations, Forklift Operator, Machine Technician, JHSC Member)

2020 - 2020 People Staffing Solutions Inc, North york, ON, General Labour
(Machine Operator, Machine Technician)

Exhibition Record

- 2025 *Colour and Texture: Celebrating Black Identity and Culture*, SavvyArt market, Oakville, ON
- 2025 *Ring Ding*, Bevy Space, Toronto, ON (Curated by Pear'd Experiences)
- 2024 *Intertwined: 4090 Collective Exhibition*, Gales & Special Projects Gallery, Toronto
- 2024 *Poppy Show: Homecoming Exhibition*, It's Ok studios, Toronto, ON (Curated by Pear'd Experiences)

- 2024 *Roots Exhibition*, Gallery at Cloverdale Common, Toronto, ON
- 2024 *By a Thread*, Gallery1313, Toronto, ON
- 2023 *Cultural Hotspot*, Little Jamaica, Toronto, ON
- 2017 *Jamaica Cultural Development Commission*, Kingston, Jamaica
- 2016 *Jamaica Cultural Development Commission*, Kingston, Jamaica
- 2015 *Jamaica Cultural Development Commission*, Kingston, Jamaica



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Awards

- 2017 Jamaica Cultural Development Commission, Jamaica Visual Arts
Competition & Exhibition, Kingston, Jamaica,
Bronze Award
- 2016 Jamaica Cultural Development Commission, Jamaica Visual Arts
Competition & Exhibition, Kingston, Jamaica,
Certificated x2



KAYLA COWAN CV

Technical Skills

Adobe Software Lightroom, Photoshop, Illustrator, Premier Pro, Indesign

Familiar with all, actively use Lightroom

Photography Product, People, Events

Excel

Bibliography

Arts Etobicoke, 'Roots' Exhibition Series – African Artists Audio Tour

<https://www.artsetobicoke.com/gallery-2/roots-exhibition-series-african-artists-audio-tour/>